

Patient Information:

Sex: M
 MR#: BFA0207

Partner Information:

Not Tested

Physician:

Shaikly, Valerie
 ATTN: Shaikly, Valerie
 Fertility Genetics
 1 Lanswood Park
 Elmstead Market, Essex CO7 7FD GB
 Phone: 7711197938

Laboratory:

Fulgent Therapeutics LLC
 CAP#: 8042697
 CLIA#: 05D2043189
 Laboratory Director:
 Dr. Amar Jariwala
 Report Date: **Mar 20,2025**

N/A

Specimen Type: Saliva Swab
 Collected: Feb 25,2025

FINAL RESULTS



Carrier for genetic conditions in **multiple** genes.
 Genetic counseling is recommended.

TEST PERFORMED

176 Matched Fors Male with XL
 (177 Gene Panel; gene sequencing with deletion and duplication analysis)

Condition and Gene	Inheritance		Partner
SLC26A2-related disorders <i>SLC26A2</i>	AR	⊕ Carrier c.1535_1536del (p.Thr512Serfs*16)	N/A
Alpha thalassemia <i>HBA2</i>	AR	⊕ Carrier Whole Gene Deletion (αα/α-)	N/A

INTERPRETATION:

Notes and Recommendations:

- Based on these results, this individual is positive for carrier mutations in 2 genes. Carrier screening for the reproductive partner is recommended to accurately assess the risk for any autosomal recessive conditions. A negative result reduces, but does not eliminate, the chance to be a carrier for any condition included in this screen. Please see the supplemental table for details.
- Testing for a 3 nucleotide (CGG) repeat sequence in the FMR1 gene was performed to screen for the carrier status for Fragile X Syndrome. The repeat size detected was: 30 repeats. These results are within the normal range. Therefore, this individual is not considered a carrier for Fragile X Syndrome.
- Testing for copy number changes in the SMN1 gene was performed to screen for the carrier status of Spinal Muscular Atrophy. The results for this individual are within the normal range for non-carriers. See Limitations section for more information.
- This carrier screening test does not screen for all possible genetic conditions, nor for all possible mutations in every gene tested. This report does not include variants of uncertain significance; only variants classified as pathogenic or likely pathogenic at the time of testing, and considered relevant for reproductive carrier screening, are reported. Please see the gene specific notes for details. Please note that the classification of variants can change over time.
- Patients may wish to discuss any carrier results with blood relatives, as there is an increased chance that they are also carriers. These results should be interpreted in the context of this individual's clinical findings, biochemical profile, and family history.
- Gene specific notes and limitations may be present. See below.
- Genetic counseling is recommended. Contact your physician about the available options for genetic counseling.

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classifies this variant as likely pathogenic.

ALPHA THALASSEMIA

Patient		Partner
Result	+ Carrier	N/A
Variant Details	HBA2 (NM_000517.5) Whole Gene Deletion ($\alpha\alpha/\alpha-$)	N/A

What is Alpha thalassemia?

Alpha thalassemia is a blood disorder that reduces the production of a protein called hemoglobin. This reduction in the amount of hemoglobin can prevent enough oxygen from reaching the body's tissues. Affected individuals may have anemia, which can cause pale skin, weakness, fatigue, and more serious complications. There are two distinct types of alpha thalassemia: the more severe type is known as Hb Bart syndrome, and the milder form is called HbH disease. Hb Bart syndrome is characterized by hydrops fetalis, a condition in which excess fluid builds up in the body before birth. Additional signs and symptoms can include severe anemia, hepatosplenomegaly (swollen liver and spleen), heart defects, and abnormalities of the urinary system or genitalia. As a result of these serious health problems, most babies with this condition are stillborn or die soon after birth. Hb Bart syndrome can also cause serious complications for women during pregnancy, including preeclampsia, premature delivery, and abnormal bleeding. HbH disease causes mild to moderate anemia, hepatosplenomegaly, and jaundice. Some affected individuals also have bone changes such as overgrowth of the upper jaw and an unusually prominent forehead.

See the table below for a description of the diseases associated with different combinations of HBA1 and HBA2 mutations.

Carrier Status of Partner 1	Carrier Status of Partner 2	Risk for a child with HbH disease (- -/- α)	Risk for a child with Hb Bart syndrome (- -/- -)
alpha thalassemia trait cis ($\alpha\alpha/-$)	alpha thalassemia trait trans ($\alpha/-\alpha$) or ($-\alpha/-\alpha$)	50%	No risk
	alpha thalassemia trait cis ($\alpha\alpha/-$)	Residual Risk	25%
	silent carrier ($\alpha\alpha/\alpha-$) or ($\alpha\alpha/-\alpha$)	25%	Residual Risk
alpha thalassemia trait trans ($\alpha/-\alpha$) or ($-\alpha/-\alpha$)	alpha thalassemia trait trans ($\alpha/-\alpha$) or ($-\alpha/-\alpha$)	Residual Risk	Residual Risk
	silent carrier ($\alpha\alpha/\alpha-$) or ($\alpha\alpha/-\alpha$)	Residual Risk	Residual Risk
silent carrier ($\alpha\alpha/\alpha-$) or ($\alpha\alpha/-\alpha$)	silent carrier ($\alpha\alpha/\alpha-$) or ($\alpha\alpha/-\alpha$)	Residual Risk	Residual Risk

Note that carriers for single heterozygous deletions of HBA1 or HBA2 are commonly referred to as silent carriers (PubMed: [20301608](https://pubmed.ncbi.nlm.nih.gov/20301608/)).

What is my risk of having an affected child?

Generally, each person has two copies of the *HBA1* gene and two copies of the *HBA2* gene, or four copies (alleles) in total. The different forms of alpha thalassemia result from the loss of some or all of these alleles: Hb Bart syndrome results from the loss of all four alleles, while HbH disease results from the loss of three alleles. Alpha thalassemia is inherited in an autosomal recessive manner, which means that if one parent is a carrier for a loss of two alleles on one chromosome and a second parent is a carrier of a loss of one or more alleles on one chromosome, there is a 1 in 4 (25%) risk of having an affected child.

What kind of medical management is available?

There is currently no cure for alpha thalassemia. Medical management of Hb Bart syndrome is limited but may include blood transfusions or a stem cell transplant. For HbH disease, management can vary based on the severity of symptoms. Mild forms may have little effect on daily life, and management for such cases can include supplementation of iron or folic acid. Management for more severe cases usually requires regular transfusions. Untreated, the prognosis for HbH disease is poor, with a shortened lifespan of up to age 5 years. However, when treated, individuals with HbH disease may have a lifespan that approaches normal.

What mutation was detected?

The detected variant was a whole gene deletion ($\alpha\alpha/\alpha-$) in the HBA2 gene (NM_000517.5). The detected mutation was a whole



gene deletion in one of four alleles comprising the alpha globin locus. These results are consistent with having three functional copies of alpha-globin ($\alpha\alpha/\alpha^-$). If your partner is also a carrier for alpha thalassemia, there is an increased risk to have a child with HbH disease, but not hydrops fetalis. Genetic counseling is recommended. Individuals with a single alpha globin gene defect ($\alpha\alpha/\alpha^-$) are carriers and clinically asymptomatic. Deletions of HBA2 are common in many human populations (PubMed: [20301608](#), [25390741](#)). The scope of the performed analysis is limited to the ordered genes and is not designed to determine the exact breakpoints or boundaries of copy number variants. This variant may or may not represent part of a larger event involving other potentially clinically relevant genes not assessed by this test. The laboratory classifies this variant as pathogenic.



A handwritten signature in black ink, appearing to read 'Jianbo Song'.

Jianbo Song, Ph.D., ABMGG, CGMB, CCS, FACMG on 3/20/2025
Laboratory Director, Fulgent

DISCLAIMER:

This test was developed, performed and its performance characteristics determined by **Fulgent Therapeutics LLC**. It has not been cleared or approved by the FDA. The laboratory is regulated under CLIA as qualified to perform high-complexity testing. This test is used for clinical purposes. It should not be regarded as investigational or for research. Since genetic variation, as well as systematic and technical factors, can affect the accuracy of testing, the results of testing should always be interpreted in the context of clinical and familial data. For assistance with interpretation of these results, healthcare professionals may contact us directly at **(626) 350-0537** or info@fulgentgenetics.com. It is recommended that patients receive appropriate genetic counseling to explain the implications of the test result, including its residual risks, uncertainties and reproductive or medical options.

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To view the supplemental table describing the carrier frequencies, detection rates, and residual risks associated with the genes tested on any Beacon panel, please visit the following link:

[Beacon Expanded Carrier Screening Supplemental Table](#)