December 2, 2024

Seattle Sperm Bank

MEDICAL UPDATE LETTER FOR DONOR #10009 (ROSS) - 2024-12-02

Donor 10009 (Ross) has a personal history of depression, anxiety, and attention-deficit/hyperactivity disorder.

To Whom it May Concern,

We are writing to provide a medical update regarding Donor #10009 (Ross).

Seattle Sperm Bank has been notified that Donor 10009 (Ross) has a personal history of depression, anxiety, and attention-deficit/hyperactivity disorder (ADHD).

The donor reports that his diagnoses were established at the age of 29. He is currently prescribed Ritalin, Vraylar, and Trintellix for the management of depression, anxiety, and ADHD. He indicates that his symptoms are mild and do not significantly impact his daily life. He denies a family history of depression, anxiety, ADHD, or related conditions.

The causes of psychiatric and developmental conditions, such as depression, anxiety, and ADHD, are complex and involve a combination of genetic, biological, environmental, and social factors. Relatives of individuals with these conditions have an increased chance of developing the condition themselves, though specific risk estimates are difficult to quantify. The egg source's personal and family history will also contribute to the risk of complex conditions in a child.

We encourage you to share this medical history update with your child's clinician and to seek therapeutic and/or medical support if your child presents with symptoms of depression, anxiety, or ADHD.

Please notify Seattle Sperm Bank of births and or pregnancies beyond the first trimester using SSB's birth reporting webpage and notify the genetics team if your child has received any medical diagnoses.

Do not hesitate to reach out if questions arise or if clarification would be helpful. You are welcome to schedule a phone consultation with one of Seattle Sperm Bank's certified genetic counselors if you would like to discuss this information over the phone.

In partnership,

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